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If you've been around bodybuilding since the 80s, you know the name Clarence Bass. 2 and 3; The Lean Advantage 1, 2 and 3; Lean for Life; and Challenge Yourself.

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Clarence Bass has 12 books on Goodreads with 146 ratings. Clarence Bass's most popular book is Ripped: the Sensible Way to Achieve Ultimate Muscularity.

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**Clarence bass (author of ripped)**

Clarence Bass is the author of Ripped (4.05 avg rating, 19 ratings, 4 reviews, published 1980), Challenge Yourself (3.86 avg rating, 14 ratings, 2 review

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Clarence Bass (born 1937 in New Mexico) is an American writer, fitness expert, and retired lawyer. He is best known for his fitness book and DVD series Ripped that

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Clarence Bass Clarence Bass is the author of several books including Ripped, Ripped 2, and The Lean Advantage.

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