

# Pilates For Children And Adolescents: Manual Of Guidelines And Curriculum By Celeste Corey-Zopich; Dawn-Marie Ickes

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Mar 26, 2014 These interviews were filmed at the Programming Pilates for Youth workshop in June 2013. Authors include Celeste Corey-Zopich, Brett Howard and Dawn-Marie

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The PMA offers the Pilates for Children and Adolescents book as a tool and reference for qualified Pilates teachers who wish to teach the Pilates Method to children

## **Brett howard on the new book pilates for children**

We had the pleasure of interviewing Brett Howard about the new book Pilates for Children & Adolescents: Manual of Guidelines and Curriculum, for which he

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