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The official website for The Office of His Holiness the 14th Dalai Lama. His Holiness the Dalai Lama's public talk on the "Art of Happiness" given The Dalai

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THE ART OF HAPPINESS AT WORK by The Dalai Lama and Howard C. Cutler falls considerably short of THE ART OF HAPPINESS, the original work by the same authors.

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The Art of Happiness at Work. Dalai Lama XIV, Howard C. Cutler. Published by Hodder Mobius. ISBN 10: 0340831197 ISBN 13: 9780340831199

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This book was inspiring, so much so that I read it twice. The comments of the Dalai Lama on happiness at work are relevant and based on common sense and spirituality.

The art of happiness at work summary and reviews

plus links to a book excerpt from The Art of Happiness at Work and author biography of His Holiness The Dalai Lama.

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This is the first book i've read that was written by HH the Dalai Lama and I must say its a very good book. I've been a bit stressed out at work lately for one reason

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About Dalai Lama. His Holiness the Dalai Lama is the spiritual and temporal leader of the Tibetan people. He is a recipient of the Raoul Wallenberg Congressional

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